digital harmony

Newsletter

Issue 2, February 2026

DIGITAL HARMONY in short…

The 'Digital Harmony: Bridging Generations for Well-being in Education' project aims to address the pressing need to enhance digital well-being within school communities, especially in the context of today's rapidly evolving digital landscape. Both students and teachers are increasingly facing significant challenges, including the need for improved digital literacy, maintaining online safety, and achieving a balanced use of technology.

Recognising that these challenges extend beyond any single generation, the project proposes an intergenerational approach that leverages the rich experiences and perspectives of older generations. Through engaging grandparents and senior adults in after-school projects, and teachers and senior adults in capacity-building workshops, Digital Harmony project partners aim to foster mutual learning and support between younger and older participants.

The underlying rationale is that the integration of digital well-being into educational practices can be achieved more effectively through the creation of sustainable frameworks and programmes. Integrating digital well-being into primary and secondary school curricula across Europe is challenging due to the already packed schedules dictated by national education authorities. Through comprehensive research, practical training, and innovative solution development, Digital Harmony aims to create a positive and inclusive digital learning experience, empowering individuals across generations to navigate the digital world safely and effectively.

DIGITAL HARMONY meeting in Nicosia (Cyprus)…

The second face-to-face meeting of the project took place on 18th of November 2026 in the premises of CARDET, located in Nicosia (Cyprus). All partners participated in this second event and discussed on project development and the administrative aspects of the project. The partners agreed on next steps and actions to be taken. The next face-to-face meeting will take place in Rzeszow (Poland) on 31st of March 2026.

What's going on in DIGITAL HARMONY…

The project results are directly linked to the activities foreseen within the project implementation period:

➢ **WP1 - Project Management and Coordination (March 2025 to Feb 2027):**
- the project management plan, quality assurance plan, and risk assessment strategy, were produced in English, and were already validated by partners.

➢ **WP2 - Desk Research and Literature Review (March 2025 to Aug 2025):**
- 8 National Literature Review reports - one for each partner country: Czech Republic, Spain, Ireland, Cyprus, Greece, Portugal, Poland and Germany - and 1 European Literature Review report were produced. As a main outcome of this workpackage, a Transnational Literature Review Report was also developed.

➢ **WP3 - Development of Training Materials (Aug 2025 to Apr 2026):**
- online learning materials for teachers, students and senior adults were developed and translated in Czech, English, Greek, Spanish, Polish, Portuguese and German. The partnership is now working on the online learning platform.

➢ **WP4 - Capacity-Building Workshops and Impact Assessment Framework (Apr 2026 to Aug 2026):**
- the implementation of local capacity-building workshops for teachers, students, and senior adults, and completion of impact assessments at National level in each country will take place when the online learning platform is finalized.

➢ **WP5 - Intergenerational After-School Projects (Aug 2026 to Dec 2026):**
- after-school projects that promote digital well-being through intergenerational collaboration will be organised and implemented and National Reports from Intergenerational After-School Projects will be produced.

➢ **WP6 - Dissemination and Sustainability Planning (March 2025 to Feb 2027):**
- the project is being disseminated through social media since its beginning, newsletters have been produced and multiplier events will be hosted in each partner country, ensuring the sustainability that includes policy recommendations.

DIGITAL HARMONY partners…

REINTEGRA (Czech Republic) – coordinator
https://www.reintegra.cz/
office@reintegra.cz

RAFINA (Greece)
https://www.1dimrafin.com/
schelmis1@gmail.com
hmouzak@gmail.com
zoi-z@hotmail.com
lefdiminio@yahoo.gr

ECSH (Portugal)
https://ecsh.pt/?page_id=315
artur@ecsh.pt
filipa.ecsh@gmail.com
marisa@ecsh.pt

IFESCOOP (Spain)
www.ifescoop.eu
fernandoifes@gmail.com
emilio.sanz@fundacionpascualtomas.org

CARDET (Cyprus)
https://cardet.org/
elena.xeni@cardet.org

VHS PASSAU (Germany)
https://www.vhs-passau.de/digital-harmony
schauer@vhs-passau.de
standecker@vhs-passau.de
vecerkaroman1@gmail.com

WELEARN (Ireland)
https://www.welearn.ie/
sarah@welearn.ie
mike@welearn.ie

MUNICIPALITY OF QUART DE POBLET (Spain)
https://quartdepoblet.es/portada
alberto.martinez@quartdepoblet.org
david.valdearcos@quartdepoblet.org

ACUMEN (Poland)
https://www.facebook.com/acumentraining/
m.ceglinski@acumen-training.pl

For more information on the project, please contact project partners
This project will be implemented in the period 01.03.2025– 28.02.2027

Co-funded by the European Union